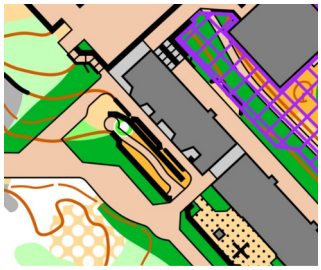
Espoo SprinttiCup

Espoonlahti

Monday / 23.11.2026





PARKING

Parking SprinttiCup Espoonlahti
Espoonlahden uimahalli

RECEPTION:

Reception SprinttiCup Espoonlahti
Eastern side of Espoonlahden uimahalli

MAP:

Baptiste Masso – April 2024 – Partial update November 2026

1:4 000 / 2m / A4

COURSES:

Elite long : 3,5 km – 44 ↑ – 19 controls

Elite short : 3,0 km – 40 ↑ – 18 controls

Beginner: 1,5 km – 20 ↑ – 12 controls

START / FINISH / RECEPTION:

Parking-Reception: 100m

Reception-Start: 150m

Finish-Reception: 250m

See the arena plan in the last page.

COURSE SETTER COMMENT:

The event will take place in a small traffic area but be careful about cars and other people, especially in the housing parts.

You will have to cross the main road (**Kipparinkatu) twice.** It is strictly forbidden to cross the road at other points than the mandatory crossing points (710. Crossing point). Side walks are allowed.
Note : One crossing is forbidden as it is working with traffic lights (see exemple below) !

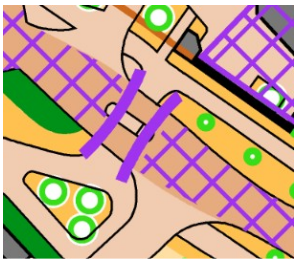
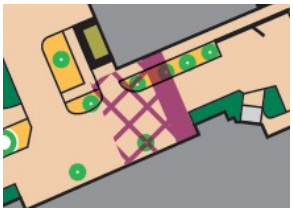


Fig 1 . Mandatory crossing



Fig 2. Forbidden crossing with trafic lights

There will be artificial fences! Those are NOT marked in the terrain - please remember fair play!



Several housing association's gardens are forbidden and marked as follow



Good race!

TECHNICAL INFORMATION

